

HiElbow Triathlon Club Annual Awards Dinner

Saturday 4th November 2006

Comfort Hotel, Antrim at 7pm

Menu

To begin with...

Chilled Fan of Fresh Melon with Strawberries and Refreshing Fruit Coulis (v)
Classic Caesar Salad topped with Crisp Croutons (v)
Freshly prepared Soup of the Day
Terrine of Salmon and Smoked Salmon on mixed leaves with Tomato Salsa

For main course ...

Breast of Barbury Duck with Orange and Grand Marnier Sauce
Supreme of Crossgar Chicken with Chorizo and Chive Cream
Prime Sirloin Steak coated in a creamy peppercorn sauce
Fillet of Irish Salmon accompanied by Lobster and Dill Cream

All main courses are served with a selection of potatoes and vegetables

To follow...

Chocolate Brownie Ice Cream with Home Made Fudge
Strawberry Trifle Tartlet with Whipped Dairy Cream
Port and Cranberry Steamed Pudding and Vanilla Ice Cream
White Chocolate Creme Brulee

Freshly Brewed Tea or Coffee with Mint Chocolates

£23 per person

Please inform **Claire Linton** **before 27th Oct**
of your name + menu choices (and pay her your money too!)

You can contact Claire via: claire@hielbow.co.uk